



Promoting Confidence and Independence

Please let me put my own shoes on,
this will help me to get ready in nursery.



Can I help you with the washing, I could
sort my clothes from yours, I could
pair my socks. This would help
me with my matching's skills.

Can you help me to use my knife and fork at
meals times. This will help me at meals
times in nursery.



Can I put my own clothes on? This will
make me more confident.

When I am at home can you help me
with my counting. We could count anything.
How many steps is it to my bed?
How many pillows are on my couch?
How many peas do I have on my plate?

